

Home Sauna Kits

Assembly Guide – Fixed Backrest & Bench Skirting

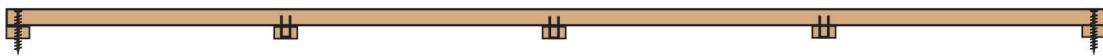
The following guide will provide general instructions for assembling either a Fixed Backrest or Bench Skirting. The purpose of these kits is to provide a vertical cedar surface to lean on, or to close off the vertical gap between benches and the floor. Fixed back rests are installed on the wall above the top bench, at a height that is desirable. Bench skirting is attached to the bench frames and is not compatible with floating benches. Bench skirting can be installed on either the top or bottom benches. It is important to use ½” gaps between each board for proper air flow and to prevent moisture collecting underneath the benches. Closing off the area under the benches is not recommended.

- Material Included:

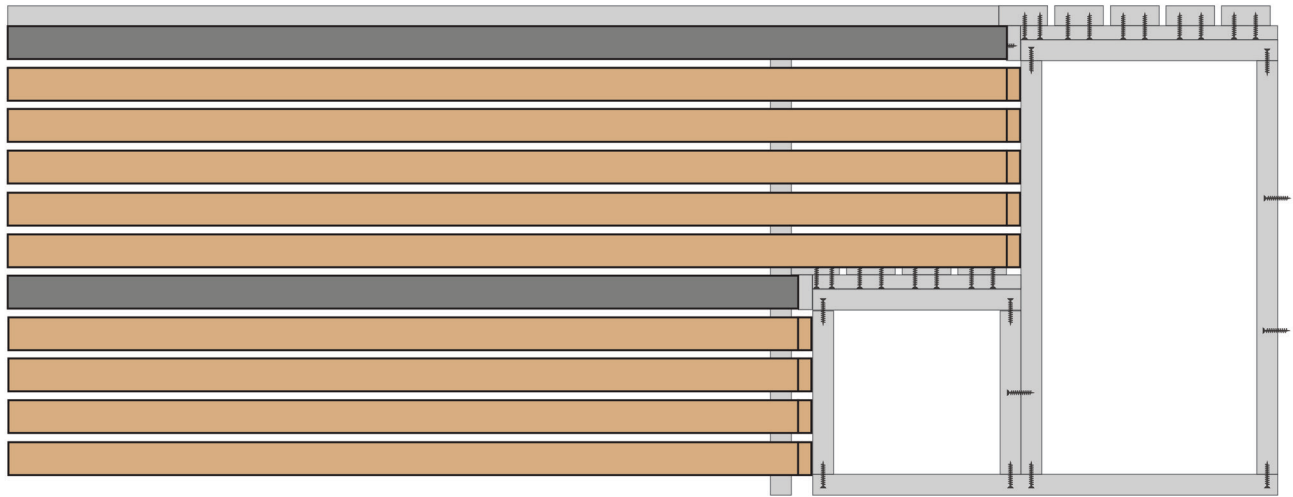
- 1x3 or 1x4 Cedar Duckboard planks: These will run in the long direction, from wall to wall.
- ½” Supports: For Fixed Back Rests, these spacers will separate the back rest from the wall.

- Trimming and Assembly

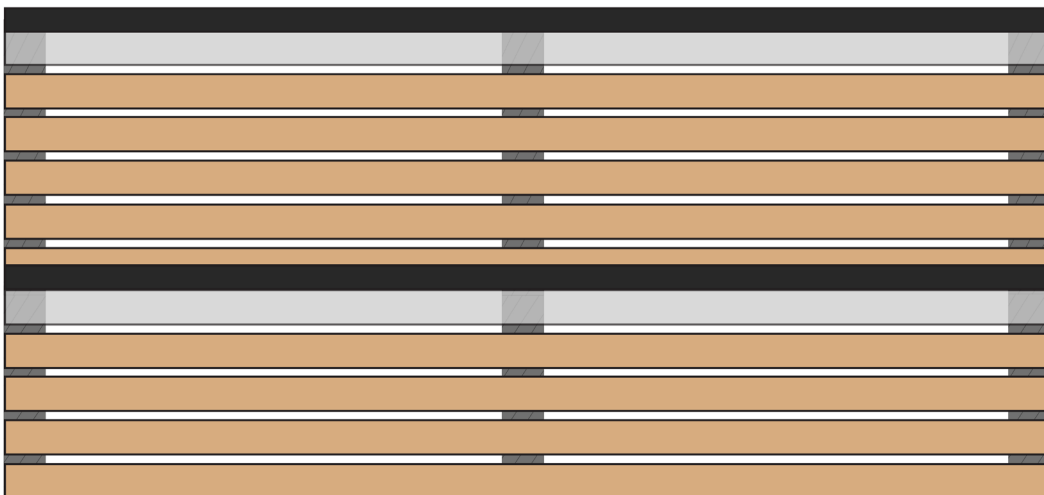
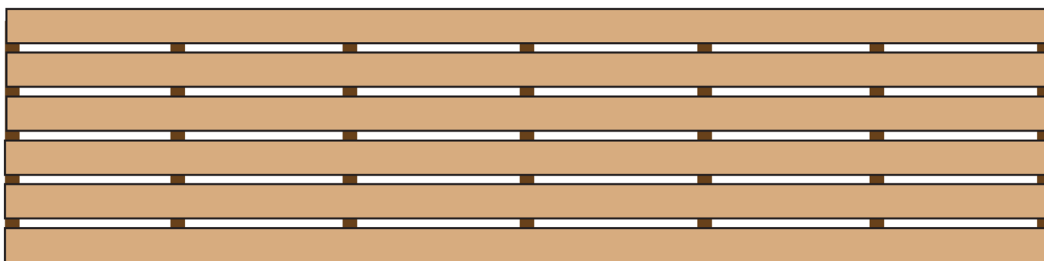
- Measure where the fixed backrest and bench skirting will go and trim the boards to length.
- For fixed backrests, lay the material on a flat surface and use ½” spacers for uniform spacing.
- Attach the supports from behind using 1” wood staples. One support for each foot of length.
- Mount the finished backrest at a desired height, and secure to the wall using 2” screws.
- For Bench skirting, mount the slats on the bench frame starting from the top. ½” spacers can be used to provide uniform spacing.
- Attach all bench skirting slats using either 1” staples from the front, or 2” screws from behind.
- For an upper L-bench, skirting material will be provided for the full height. Skirting will end where it meets the main bench skirting.



Assembly View: Fixed Backrest run the full length of the wall and are assembled with 1” staples



Side View: Shows how bench skirting interacts in an L-bench setup



← Bench Top
← Fascia

← Bench Top
← Fascia

Front View: Shows a finished 2-tier bench with skirting and fixed back rest highlighted