

Home Sauna Kits

Assembly Guide – Window Framing & Installation

The following guide will provide general instructions for identifying and assembling the components of our framed window units. This guide assumes you already have the required knowledge to install a window unit and have framed the rough opening using 2x4 studs. Diagrams and instructions are provided to show the components of your window unit.

- Material Included:

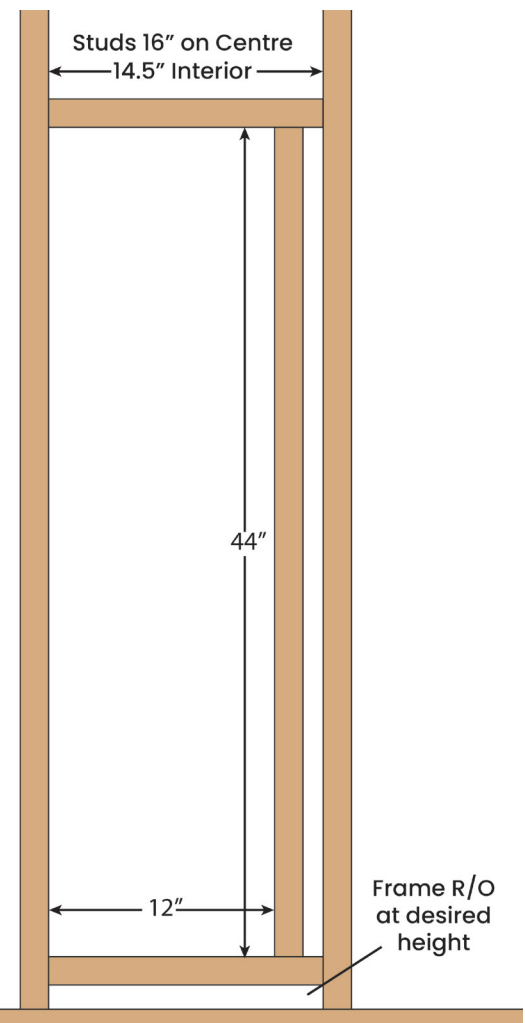
- Sauna Window Unit – The window unit will be assembled in a 2x6 frame to fit the specified R/O
- Window Casing Sets – Casing will be provided for the interior and exterior. These are typically longer than the rough opening, so that a 45° miter can be cut on the corners
- Window Frame – Made of 2x6 Cedar for 2x4 studs. Please specify if a 2x8 frame is needed.

- Material NOT Included:

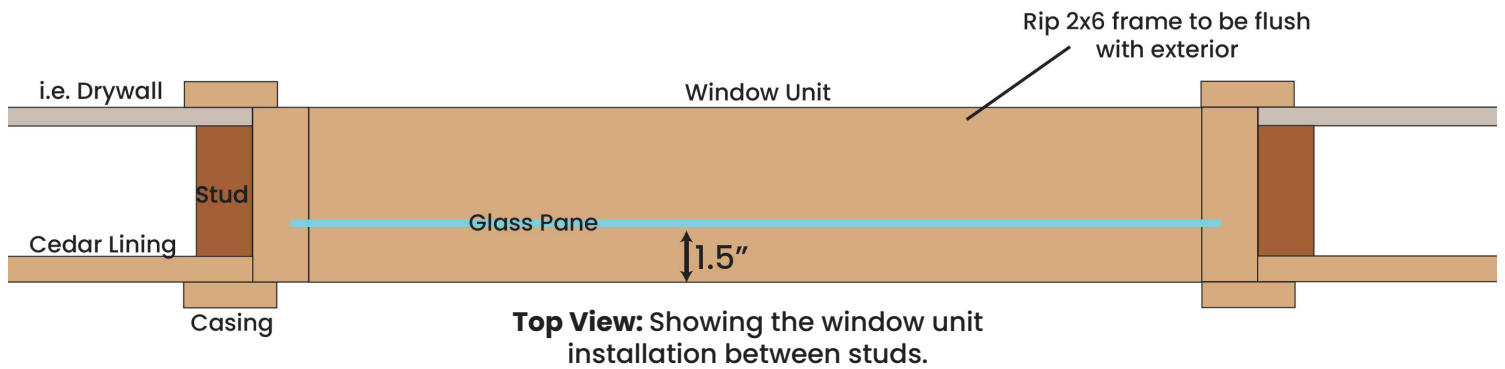
- Silicone sealant – apply a strip of silicone around the entire window groove to prevent moisture leaking. This is necessary to seal the window for exterior use.
- Stain Preserver – We recommend applying a sealant to the exterior to prevent water damage, and to prevent moisture from entering the room. For the interior, we recommend using a sauna grade sealant that will not off-gas in the high heat.

- Measure & Confirm the Rough Opening & Depth of Window

- The window will be assembled to fit in the rough opening specified.
- Complete all interior T&G and exterior walls up to the edge of the rough opening.
- Use adequate vapour barrier around the framing depending on the install location.
- Confirm the depth of the wall once interior & exterior are installed.



Example: 12"x44" Window Unit R/O



- Rip the 2x6 Frame to the correct wall thickness
 - The 2x6 Jamb will need to be ripped to the actual thickness of the wall for a perfect fit.
 - Remove the screws on the corner to disassemble the 2x6 jamb.
 - Rip the 2x6 to the final thickness of the wall. The edge of the 2x6 will need to be flush with the interior & exterior material. The window casing will sit flush to cover any gap.
- Seal the Window Unit & Re-assemble for install:
 - For outdoor saunas, we recommend applying a strip of silicone in the glass channel, to prevent water from entering. This is not required for indoor saunas.
 - Re-assemble the window unit, ensuring the silicone sealant is complete. Wipe off any excess.
 - Use the screws provided to secure the 2x6 frame then slide inside the rough opening.
 - We recommend securing the frame to the studs to prevent it from moving after installation.

- Attach Window Casing & Seal the exterior:
 - Our provided window casing is intended to cover the interior & exterior.
 - Cut the casing to the desired length. We recommend a 45° Miter for seamless installation. The edge of the casing should be flush with the interior of the 2x6 frame.
 - We recommend applying a sealant to the exterior to prevent moisture leaks and to weatherproof the window unit.

- Glass Options:

Our window units can be made with several glass options. For interior facing windows, we recommend a single pane of 5mm glass, available in bronzed, clear, or obscure glass options. For exterior facing windows, we recommend a thermopane glass for extra insulation value. This comes standard with a light bronzing.

